

2018

PROGRAM BROCHURE



*Soledad-Mission Recreation District
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831-678-3745*

*Soledad-mission-recreation-district.org
Facebook.com/soledadrec
Instagram.com/soledadrec*

CHOOSE THE RIGHT SWIM FOR YOU

Lap swim

\$6.00

Swimming is a lifetime sport that benefits the body and the whole person. Swimming works all of the muscles in the body (if you do a variety of strokes). Full body workouts, quite meditative, great cardio, toning, and a stretching alternative!

Don't know how to swim? Sign up for our group or private lessons!

Family swim

\$5.00

Great time for the whole family! Children (16 years and under) are required to be accompanied by an adult which leaves room for parents and children to splash around in a safe environment for everyone

Recreation swim

\$5.00

Recreation Swim is the time for everyone to come in and enjoy the water! Enjoy our toddler pool, high and low diving board! Throughout the year we offer in-water games, music, and prizes during our recreation swim.

SUMMER HOURS

(June 11th – August 10th)

Lap Swim

Monday	7:00am- 9:00am
Tuesday	7:00am- 9:00am & 4:00pm – 7:00pm
Wednesday	7:00am- 9:00am
Thursday	7:00am- 9:00am & 4:00pm – 7:00pm
Friday	7:00am- 9:00am & 4:00pm – 7:00pm
Saturday	11:00am-1:00pm
Sunday	11:00am-1:00pm

Family Swim

Monday	11:00am – 1:00pm
Tuesday	11:00am – 1:00pm
Wednesday	11:00am – 1:00pm
Thursday	11:00am – 1:00pm
Friday	11:00am – 1:00pm
Saturday	11:00am – 1:00pm
Sunday	11:00am – 1:00pm

Recreation Swim

Monday	1:00pm – 3:30pm & 7:00pm – 8:30pm
Tuesday	1:00pm – 3:30pm & 7:00pm – 8:30pm
Wednesday	1:00pm – 3:30pm & 7:00pm – 8:30pm
Thursday	1:00pm – 3:30pm & 7:00pm – 8:30pm
Friday	1:00pm – 3:30pm & 7:00pm – 8:30pm
Saturday	1:00pm – 3:30pm
Sunday	1:00pm – 3:30pm

Our goal is to bring you healthy wholesome and positive recreation activities and facilities. Part of offering high quality, safe, hygienic facilities involves, in rare cases, closures for maintenance of repair or due to unforeseen circumstances. We appreciate your patronage, your support, and your understanding when it comes to these circumstances.

GROUP SWIM LESSONS

\$54 per Session + \$5.00 non resident fee

S.M.R.D swim lessons challenge children to progress through the levels at their own pace.

1 session consists of eight (8) thirty (30) minute classes.

Swim evaluation are available for all new students, for dates and times visit our website or give us a call!

Levels

Yellow – Water introduction

Green – Stroke development

Orange – Primary skills

Blue – Stroke refinement

Red – Stroke readiness

Purple – Stroke proficiency

Summer Sessions

Choose between

1. Monday – Thursday 9:00am – 10:30am (30 minute intervals)

2. Monday - Thursday 4:00pm – 6:30pm (30 minute intervals)

Session	Registration opens	Session Dates
1	June 1	June 11 – June 21
2	June 20	June 25 – July 6 (no class 7/4)
3	July 5	July 9 – July 19
4	July 18	July 23 – August 2
5	Aug 1	August 6 – August 16

NOTES

PRIVATE LESSONS

Private lessons are an alternative to group lessons where customers get personalized individual experience. Each lesson and schedule experience is individualized, personalized, and tailored to the customer experience. Come in during regular business hours to fill out our private lessons requests form.

#of students in lesson	#lesson commitment	\$ payment due before lesson
1 student	1 lesson	\$ 25
2 students (same skill level)	1 lesson	\$40 \$20/per student/per lesson
1 student	8 lessons	\$200 w/ 9 th class Free

PARENT & CHILD SWIM LESSONS

**\$54 per session + \$5 non-resident fee
\$10 per class**

Your community parent & child swim lessons introduce infants and toddlers to water environments, teach parents and children the importance of water safety, as well as safety techniques and holds to use in water environments.

Classes require a minimum of 4 students in each session

Ages 6months – 3½ years

Spring Sessions

Choose between

Morning Option	Afternoon Option
Monday & Wednesdays 10:30am – 11:00am	Tuesday & Thursday 5:30pm – 6:00pm
Summer Session 1	June 11 – June 21
Summer Session 2	June 25 – July 5 (<i>No Class July 4</i>)
Summer Session 3	July 9 – July 19
Summer Session 4	July 23 – Aug 2

SHARKS SWIM TEAM

\$54 spring & fall session + \$5 non-resident fee

The Soledad Mission Recreation District Swim Team is competitive swimming program and is a great opportunity to improve individually while being part of a dynamic team; all while meeting new friends and getting a great workout! During summer season swimmers are required to take a swim test where coaches will place them in either the morning “Soledad Sharks” team or afternoon “Mini sharks.”

Swimmers interested in joining the swim team must:

1. Swim two lengths of the pool in each the Freestyle and the Backstroke.
2. Know the fundamental of the Breaststroke, fly, dive starts, & flip turns.
3. Completed Purple Level in Soledad pool swim lessons.
4. Get coaches approval.

Summer Sessions

Choose between

Tuesday, Wed. & Thursday 9:00am – 11:00am	Monday & Wednesday 4:00pm – 5:30pm
Summer Session 1	June 11 – July 6 (no class July 4)
Summer Session 2	July 16 – August 9
Fall Schedule	TBD

WATER AEROBICS

Improve fitness, wellness, and mobility. Low impact to no impact, balance of cardio, resistance weights, stretching and strengthening

Everyone can do it, from pregnant mothers to experienced athletes.

Morning Classes

\$7.00 – per day

\$60.00 – 10 visit punch card

\$70.00 – monthly pass

Monday – Friday

7:00 – 8:00am

Instructors:

Willy Hernandez

Afternoon Classes

\$7.00 – per day

\$60.00 – 10 visit punch card

\$36.00 – monthly pass

Tuesday & Thursday

5:30 – 6:30pm

Instructor:

Chad Toy



Find the 5 differences

LATE NIGHT SWIMS

\$5.00 pre-sale (before 7pm on night of swim)

\$6.00 at the door

During **Late Night Swim** the rec. opens the swimming pool for an evening of fun games, music, contests and more!

Swim begins at 9:00pm ends 11:00pm

Like us Facebook (@soledadrec) for your chance to enter into one of our late night swim contests!

Dates

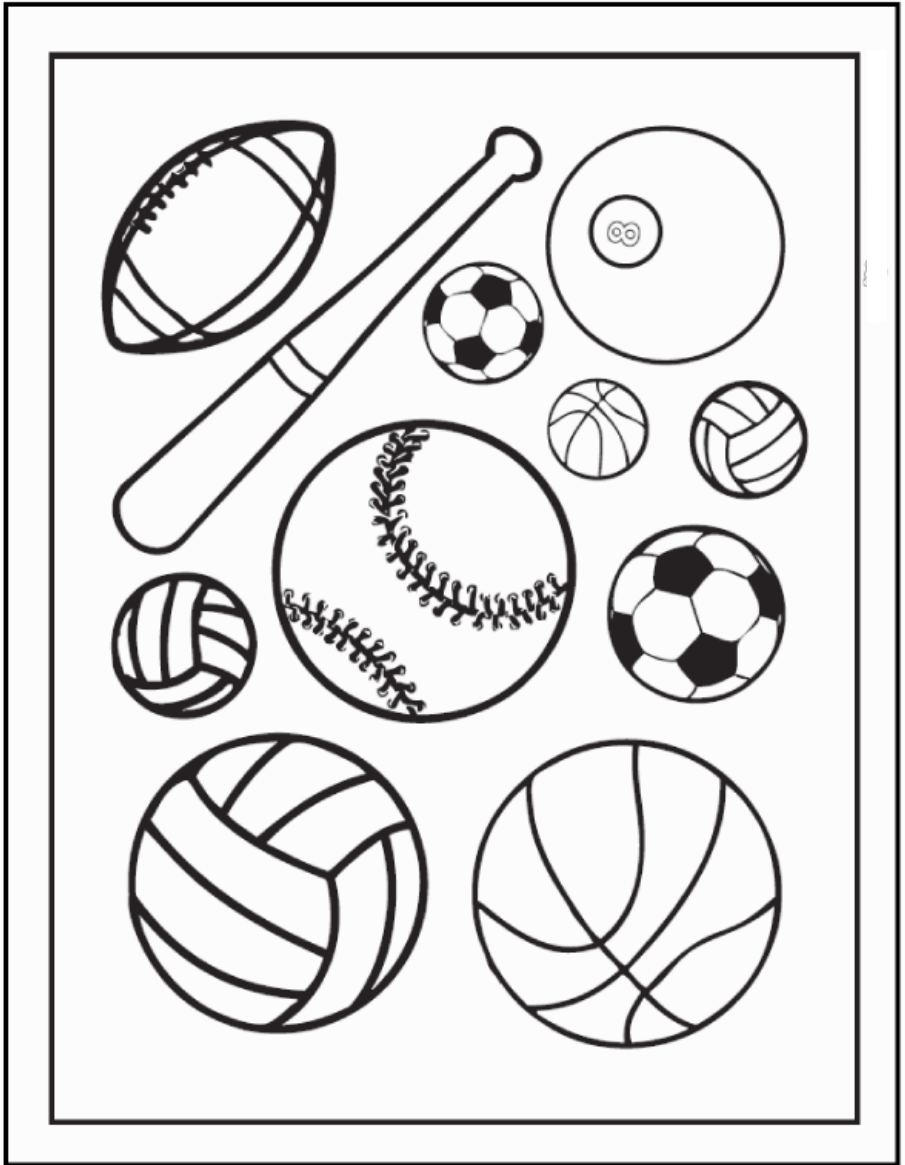
June 15	August 27
June 29	August 10
August 13	

Swimming

A	U	B	F	L	I	P	T	U	R	N	L	B	E
S	N	S	R	S	N	S	I	U	L	M	A	I	C
N	D	L	W	E	E	T	M	L	E	E	N	O	I
I	E	I	E	I	A	I	E	L	M	S	E	P	T
F	R	P	T	U	M	S	M	L	R	H	L	E	C
K	W	L	S	E	F	M	T	T	R	B	I	N	A
I	A	L	A	E	R	L	E	R	C	A	N	T	R
C	T	F	A	O	E	E	A	E	O	G	E	U	P
K	E	S	T	I	I	E	S	G	T	K	S	R	L
B	R	T	L	A	C	C	A	P	S	U	E	N	C
O	T	A	O	O	P	I	E	F	N	R	C	T	E
A	K	R	O	W	L	E	F	M	L	R	Y	C	G
R	M	T	P	C	E	C	R	F	T	Y	D	A	C
D	E	P	S	S	E	L	G	G	O	G	N	E	A

SWIM MEET
 LANE LINES
 OFFICIAL
 BREASTROKE
 GOGGLES
 OPEN TURN
 TOWEL
 FLAGS
 UNDERWATER
 START
 CAP
 KICKBOARD
 TIME
 PRACTICE
 TAPER
 FLIP TURN
 MESH BAG
 POOL
 FINS
 FLY

PROGRAMS



JR GUARD PROGRAM (NEW!)

\$50 registration fee

This new summer program welcomes ages 12 – 14. Summer Jr guards are required to take a intermediate lifeguard course that will teach them the fundamentals of lifeguarding and working for the recreation district. After this one week course Jr guards sign up for a 2 week volunteer work assignment program where they will put their newly honed skills to use. Jr guards will receive a t-shirt along with their 2 year CPR and First Aid certification.

Title	Dates	Times
Lifeguard Training	June 18 – June 22	9:00am – 1:00pm
Volunteer work	June 25 – July 6	TBD
Volunteer work	July 9 – July 19	TBD
Volunteer work	July 23 – Aug 2	TBD

ART CLASSES

Join us for one of our step by step art instruction and create your own work of art, each class has a different theme, and you always leave with a finished painting! Youth and Adult classes are held once a month.

Ask to join our email list or follow us on facebook or instagram to be the first to know!

Adult classes are held Wednesday's at Taste of Pinnacles. \$35
Youth classes are held Friday at California Gourmet Pizza \$25

PATIO YOGA

Not sure where to start your fitness goals? Join us at the rec for a simple affordable and fun way to get your fitness goals on track. Every Wednesday join the rec staff in an hour of workout, there is no instructor here just useful DVDs and positive attitudes. Great way to meet new people who are just starting their get fit journey.

Join us every Wednesday at 10:00am

SUMMER DAY CAMP

\$125

9:00am – 4:00pm

Maximum 12 campers per week

SMRD day camps are an all inclusive based day camp. Our Day Camps have a different focus and series of activities aimed at increased social consciousness, inclusion, and character development.

This one week day camp offers daily swim lessons, Jr. Lifeguard, water safety, arts and crafts and physical activities and community service project, as a part of our curriculum!

DAY CAMP WEEK	DATES	THEME
1	June 11 – June 15	Swim Camp
2	July 9 – July 13	Sports Camp
3	July 30 – August 3	Arts Camp

MOVIES IN THE PARK

Dates

June 23rd

July 7th

July 21st

August 4th

Don't miss out on the free event!

This is a great opportunity for family, friends and neighbors to join together in a family friendly environment and enjoy a night out while watching a movie.

Movies are projected onto the back wall of our building! Dress warm and enjoy the night. Fundraising concession stand will be open!

YOUTH FLAG FOOTBALL

50 per session + \$5 non-resident fee

Age Divisions

6-8 & 9-11

SMRD summer Flag Football program welcomes youths ages 6 – 11 and offers intercity league play with Gonzales and King City. This is a fun way to be active and prepare for the fall season! Players will receive a T-shirt and picture packet.

Interest list for 5 & 6 Year olds.

We are looking for referees, and volunteer coaches to help us with this pilot program.

Summer Session

Practice & Weeknight Games!

Registration Closes	Season Schedule
June 8	June 18- End of July

MARTIAL ARTS

\$10.00 per class \$50 – 8 Class Punch Card

Instructor Hector Bugarin has been studying Chow Hoon Goshin Jitsu for 13 years. He has earned the rank of 4th degree black belt and the title of “Guru” in Tenio Decuerdas Eskrima. He is your guy for all things martial arts and self defense. Join one of his two classes below!

Martial Arts classes conveniently located at 751
Front St. Soledad

Year round classes held

Wednesdays 5:30pm – 6:30pm

Saturdays 8:00am – 10:00am

SELF DEFENSE

\$25.00 per session – 3 week Session

Self Defense is key to protecting yourself and helps to prepare you for any unexpected situation. It will also help develop increase mental and physical health. It is hard to imagine being attacked by a stranger, but it happens almost every day. Be proactive and sign up for Self Defense class today!

Summer classes scheduled begin after
10 participant registrations.

TENNIS

\$50 per session + \$5 non-resident fee

SMRD summer tennis program welcomes kids ages 5 – 13 and offers age appropriate drills and USTA teaching format to challenge tennis players.

We aim to improve your tennis game, make new friends & have some fun under the summer sun!

Summer sessions

Tuesday & Thursdays

11:00am – 12:30pm

Summer session 1	June 12 th – July 5 th
Summer session 2	July 10 th August 2 nd

CHEER FOR TOTS & CHEER

\$75 registration fee

Summer Cheer Program will teach your daughter the fundamentals of Cheer. They will be learning there Jumps as well as beginning tumbling and some stunts. Cheer will be a 6 week program with Sideline cheers and half time routines. Come by and register at the Soledad Rec Today.

Practice schedule will be made after 10 participant registrations.

GUITAR LESSONS

\$15 per class

Have you ever wanted to learn to play the guitar? Who hasn't? Well now is your chance to receive some hands on learning for guitar! This program is personalized and can be tailored to your needs. If you want to focus on scales or if you simply want to know how to play your favorite song, the instructor will plan accordingly. Drop by and play some guitar!

Class Schedule

Wednesdays from 5:30pm-6:30pm

Beginning June 20

**MUST HAVE 4 PARTICIPANTS REGISTER BY FRIDAY,
WEEK PRIOR**

TRACK (NEW)

\$50 per session + \$5 non-resident fee

The Soledad-Mission Recreation District is offering a track and field program this summer! Participants will develop skills and have fun! Emphasis will be placed on developing and improving technique and performance in different events (i.e., sprints, distance runs, relays)

Summer sessions

Monday & Wednesday

11:00am – 12:30pm

Summer session 1	June 12 th – July 5 th
Summer session 2	July 10 th August 2 nd

Events



color me!



4th of July Kids Parade

This walking parade encourages zany and star spangled costumes. Awards are given to most patriotic groups, most patriotic boy and girl. Stars and striped dogs, wagons, bikes, and walking groups are the highlight of the parade.

The parade begins at Main St. School continues down North St. and finishes at the Little League Park at the main stage. Followed immediately by the flag raising and Star Spangled banner this is the best way to celebrate 4th of July.

Every year the Soledad-Mission Recreation District takes part in the annual 4th of July parade

All participants start lining up at 11:30 AM. Parade Begins promptly at 12 AM. Large groups participating please come with a typed list of participants and corresponding email addresses.



Try-a-Tri

INDOOR/OUTDOOR MINI TRIATHLON

SWIM - BIKE - RUN

August 25, 2018

PRE-REGISTRATION CLOSES August 4, 2018
(Pre-registration guarantees early wave and T-shirt)

\$35 Pre-Registration fee
\$45 Race Day Registration

Register at
soledadrec.rallyup.com

REGISTER BEFORE JULY 1, 2018 AND GET A FREE
10 VISIT LAP PASS PUNCH CARD !

NIGHTMARE ON WALKER DRIVE

(haunted house)

Our 4th annual Haunted house promises to bring the spirit of Halloween to our community! Take a haunted tour through the Soledad pool facility with scared around every corner.

Then immediately after for Join us for the haunted tour, pumpkin patch, craft sale, kids craft activity, and Hot Cocoa & Goodies!

Be a part of the fun

We are looking for volunteer cast members, face painters, costume designers, set builders, and support staff. There is no age limit to participation.

Donations:

We are looking for haunted house decor that would be lent to the District and returned to the owner.

Preview night	Open
TBA 7:00 – 9:00pm	TBA 7:00 – 10:00pm



\$5
Per entry



Pre-purchased tickets are entered into a \$100 spirit gift card!

Drawing will be October 1st, 2018

Holly Jolly Christmas Tree Raffle



The Holly Jolly Christmas Tree Raffle is a chance to win your dream decorated tree. Fundraisers & donations allow the Recreation District to continue to offer affordable programs income alone will not suffice. The Recreation District strives to enhance our community through the provisions of activities and facilities that enrich positive, healthy, and wholesome recreation. We need your help!

The Holly Jolly Christmas Tree Raffle is a chance to win your dream Christmas tree, or Christmas CASH!

Please consider purchasing tickets for our Holly Jolly Christmas Tree Raffle or making charitable donation.
Perfect for offices, homes or to donate!

\$10 per ticket or 6 for \$50

1. Choose a theme,
2. Set a date and time for decoration,
3. Sit back and relax with your new tree!

Tickets go on sale Sept 15th!

Ticket price

1 for \$10

or

6 for \$50.00

Swimming pool rentals

SMRD pool rental is a great place to have your special event!
Birthday parties, family gatherings, and more!

Private rentals are reserved only by the full hour, with a minimum rental of two (2) hours and a maximum rental of five (5) hours. The two (2) hour minimum fee is \$225. Each additional hour is only \$75. The two certified lifeguards provided with the rental will allow a maximum of 60 patrons inside the facility.

Special requests are to be made to management.

2-HOUR RENTAL: \$225

4-HOUR RENTAL: \$375

3-HOUR RENTAL: \$300

5-HOUR RENTAL: \$450

Pool rental times

Saturday Rentals:

Evening Party Starting at 4pm

Sundays Rentals:

Evening Party Starting at 4pm

During spring and fall slow season, renters have 2 options for Saturday rentals.

1. Afternoon rental ending at 3:00pm
2. Evening pool rental beginning at 4:00pm

BE APART OF OUR TEAM

Lifeguard Training Class

\$175

Lifeguard training is open to patrons 15 ½ and older. Minimum 6 participants – Maximum 14

June 11 – June 13

(Completion of class does not guarantee employment)

Swim Instructors:

Soledad-Mission Recreation District accepts application for Swim instructors year round. Applicants must possess current CPR for the professional rescuer, Must be at least 16 years of age (if under 18, in possession of a valid work permit). Must be available to work nights and complete the SMRD swim instructor training or water safety instructor training.

Volunteers/Coaches

SMRD needs your help! Interested in volunteering or becoming a coach for one our many programs? Stop by the swimming pool during regular business to see how we can get you started in giving back to your community!

Notes

Prices

One time visits

- \$6...Adult Lap Swim
- \$5...Family Swim
- \$5...Recreation Swim

One time visit with Instructor

- \$7....Water Aerobics
- \$15...Mini Swimmers
- \$15...Adult Group Lessons

Monthly Passes

- \$50...Youth pass (17 years old and under)
 - \$55...Adult Pass (18 years old and over)
 - \$105...Family Pass (Maximum 5 Family members)
- Monthly passes permit entry to lap, family, and recreation swim*

Aquatic Programs

- \$54...Swimming lessons
- \$54...spring / Fall Swim Team
- \$70...Summer Swim Team
- \$36...PM Water Aerobics
- \$70...AM Water Aerobics

Punch Cards

- \$40...10 Visit Rec. Pass
- \$50...10 Visit Lap Pass
- \$60...10 Visit Water ex Pass